

How many litres?

Work out how much water you use every day from the totals below.

On average, in the UK we each use 150 litres per day!

3 litres

Washing your
hands

12 litres

Brushing your teeth
(2 mins with tap
running)

9 litres

Flushing the toilet
(without Hippo bag)

85 litres

Washing machine
load

80 litres

Bath

70 litres

Power shower
(4 mins)

35 litres

Normal shower
(4 mins)

I have used

litres

Find out how you can save water with Captain Efficient